TLF CHARITY PUBLISHERS

# COUPLE OF INTEGRITY

4 Keys to a happy marriage

TALENTMUKARO

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4 keys to a happy marriage

By Talent Mukaro

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#### **COUPLE OF INTEGRITY**

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# Acknowledgement

I would like to firstly salute and appreciate God for all He has done for me, He is still doing and will always do for us. In this instance, God made it a success that this project came to completion in due time and season. Secondly, I would like to acknowledge my whole family and close friends for the daily motivation they continue to cheer up for me. It was not that easy neither easy nor that difficult but my family stood up with me, up the hills and down the valleys. Last but not necessarily the least, I would like to appreciate myself for opening my ears in hearing these inspirations.

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#### **Preface**

This book is a project of two unique firms that is TLF CHARITY PUBLISHERS and TIE Academy. The book was written by Talent Mukaro [a young and passionate inspirational and motivational writer]. When he wrote this book his main motive was to see youths, young people, middle-aged and the elderly enjoy their respective relationships and unique marriage lifestyles. In his first edition, he made it clear that he addressed the matter of divorce from the perspective none has ever imagined. Now, he made sure that all his aspects on happy marriages are starting from the root cause of divorce that is giving your own self a wrong identity up to the solution of reshaping all the partners' identities at an individual level by revealing their own identities in and out of marriage. And as a result of those above, respect will then be birthed, followed by forgiveness and then lastly togetherness. This book is a gift that will help you see what really a COUPLE OF INTEGRITY is and where one can find it in his or her life. In addition, his book helps in shaping how one has to conduct himself or herself in marriage and when to really enjoy the conduct. I do believe and certainly hope that you will catch the revelation so as to live a successful marriage life through this book. I declare and I decree that your marriage will be a blessing, amen.

#### Author's Desk

Be careful about your reputation because if it is good it will take you to the greater heights. But if it has been tarnished once then will be easy to retrieve it back. In your marriage sphere, try to always reflect on your course of action. Never do anything you wouldn't be proud to tell your partner about. Have fun where necessary but temper it with common sense and prudence. When choosing your own life partner, take your time and always remember it to be your most essential decision for your lifetime progress. Any marriage/intimate relationship offers 90% of all your support, happiness and fulfillment in life so choose it wisely. Consider qualities such as affection, sense of humor, intelligence, integrity, maturity, temperament, compatibility and that indescribable characteristic of chemistry. If these are present, your relationship stands an excellent chance of great success. Move slowly and let no one press you into an uncomfortable decision.

#### Introduction

This book is mainly focusing on ways to shun away the demon of divorce without any fasting or prayers from the mountain. My dear, the demon of divorce is not fought through daily prayers or fasting but it is fought through applying very few keys and principles of a good and happy marriage. Any relationship that you are seeing flourishing today, check it closely, it is highly anchored on good relationship principles. Without good principles upkeep, there is no relationship to talk about. The author wrote this book with a motive of seeing families enjoying good lives together in harmony. He is keen to bring you satisfactory attributes of an integral couple so that you may become the best **COUPLE OF INTEGRITY**. Read this gift with steadfastness and a good heart. Meditate upon the Word of God daily concerning your own marriage and reflect well to see your own whereabouts. May the good Lord help you and your partner to be an example to the world around you as a COUPLE OF INTEGRITY. Receive grace to be an integrity expert in the name of Jesus Christ.

# Key #One: Integrity

#### **Objectives**

- To have a deep appreciation of what marriage is and what are the attributes.
- To exactly know where you are in marriage arena and correctly position yourself.
- To understand what a good family is and its attributes.
- To have a knowledge of the deep roots of a good family.

As many people are highly crying foul in their proposals, dating, engagements, courtships and marriages I found this to be epical and vital to vigorously challenge and silence the prevailing demon of divorce. Look here very closely, we are mainly focusing on ways to shun away the demon of divorce without any fasting or prayer in or from the mountain. My dear, the demon of divorce is not fought through prayer or fasting but it is fought through applying a very few keys or principles of a good and happy marriage.

Any relationship that you are seeing flourishing today, check it closely it is highly anchored on good relationship principles. Without an art of having good principles upkeep, there is no relationship to talk about. My dear brethren, before I reveal to you many of these secrets to a

happy marriage, allow me to fish out and take you through *identity* as one of these four keys to a happy marriage. Identity is a valuable asset as far as good marriage upkeep is concerned. You have to uniquely identify yourself as a bride or bridegroom on the wedding scene. In other words, you have to uniquely label yourself as a husband or wife in the marriage ~ as the father or the mother of the house.

When God created you as a man at first, he was satisfied with that alone. But however, as time flew away in the main dimension, He then discovered that it was not good enough for a man to live or stay alone. Please note that this gift is for both of us, thus, all the married and all the singles. If you are still singe, content of it and have enough self-control, then do not worry yourself in marrying since the scriptures support it. On the other note, if you want to get married, go on but be cautious even though numerous scriptures support it. If you are married too, never get yourself worried to the extent of wanting to leave your wedding vows dormant - thus divorce.

Listen to me and listen carefully, "Stay where you are!" This material is going to aid you, sort you and work out a solution for your goodness and work out as good solution for your goodness. God placed you wherever you are today for a reason. Never move any elements yourself but rather allow God Himself to move those elements for your beneficial. Firstly, before we get many solid roots of this episode of epic family upkeep series, allow me to

introduce you to this great and highly vital philosophy of a good family, thus IDENTITY. Identity is that very pinnacle of those elements that can offer one a multitude of reasons to get married or not. My dearest, before you get yourself involved into the marriage circus, you have to define who you are. Smartly make sure you know who you are. Define yourself with all your focus and composure. You have to definitely have the knowledge of what was God's thought when He created you.

Have a know-how of what is the purpose of your own life. Are you a marriage material or not, this have to be your own analysis question. Take your time and highly meditate and reflect about it till you are satisfied with the answer. Check yourself if you are called into marriage or not. My dear, note that marriage is a calling on its own. Gifts and callings are without repentance, remember. Be frank to yourself if you're passionate about getting married or not. Allow yourself to take time and think about all the above-mentioned questions. Allow your answers to be satisfactory to you and you alone with God. Christ our Lord says that some were called to be single while some were called to be married.

He then went on to say that some people were made to be who they are today by other people around them while some were made to be who they are by God (Matthew 19:11-12). So for those ones that are single and are fully booked in contentment of their singleness, don't worry because Christ ordered for you and is in support of what you have done and I have to salute you. Let me show you

something that is epic and highly appreciated from the word of God that when He had created a man, He saw that it was good and He went on to rest on the Seventh day. He is reported to have placed Adam in the Garden of Eden for him to cultivate band guard it (Genesis 15-17 & 2 Corinthians 7:7-14). Adam was created on the Sixth day and spent some time without anyone and God then rested on the Seventh day. I believe that God's rest that He was satisfied with everything He was seeing.

God was pleased in seeing a man in the Garden for some time and reasons at first. I believe after sometime this companionship idea came up. My dear, if you are single and you are capable of handling full self-conscious and self-control, it is okay stay like that according to Apostle Paul's revelation. But however, if you are someone who doesn't have self-control, then marry or get married. Don't get married due to forces from those societies around you pushing you to marry but rather marry because your identity is pushing you to get married. Your identity has to tell you who you are, marriage material or not? Marry not because it is a family must or tradition, but marry as a result of your own choices basing on your identity fundamentals.

Be careful on this matter, if you are called for marriage leave it for the called since you can mess up and fall from God's ladder of greater grace. Many people you see today who are not in good books with their marriages not because they are not good to marriage but it because of wrong identity that have ruined their lives. Wrong identity can destroy a good relationship. Bear this in your mind that having an identity that is good is the first and foremost strategy to a best relationship ever. Make it your aim and goal to have a good conviction of your identity. Kindly note that many people you see struggling today in marriages they wrongly identified themselves. Some they were forced to marry by their age, some by peer pressure while some by family values, whereas some by the force of society views and values.

Some as well they got married due to their tradition, while others it was due to their religious beliefs in some sense and not their identity conviction. My dear, never ever allow the world to tell you what to do and not to do with your own life. Be highly responsible with your own life and enjoy the rest. Give an ear to what the world is saying but never mind or even listen to her utterances. What am I saying? Never allow the world to lead or mislead you in your journey of life. Do you even know that the one who is in you is by far greater than the one who is in the world. Why is it that you are seeing yourself as vulnerable while Christ is inside of you. He died for you and me to be rich in all, thus including marriage wise.

Better listen to Christ already in you than to the world that will never be in you. Many people who are divorcing today, they never dreamt of it or even wished to be in that mess, but it is so because of the way they got into it. They got married due to external forces and likewise those external forces are squashing them till they leave the

marriage. Marriage has to be as a result of the internal force, thus Jesus Christ. Some got married just after their parents have asked them when they were going to get married. My dear, you have to be firm and self-confident of who you are. If any relative of yours id going to ask you that when are you going to be married or why are you not getting married since many of your age have been married. And more so some already have children; just politely answer them with a neutral question.

Just ask them with a smile on your face that why they are not yet going into the glory to be with the Lord since many of their old age are leaving each and every day. In other words why is it that you are still alive while those of your age are gone. Whenever you decide to get married my little brother or sister, let it be according to Christ in you and not the societal forces that will drag you there. Never be ruined into marriage by the need to have children. Let not only having children be a reason for your marriage because that may cause divorce once you get to reach the children you used to be wanting at the initial place.

It can also cause divorce if you find that your partner is barren, this applies to both husbands and wives, and you can get married whilst you are barren. Never ever let your religion be your marriage pusher because once you get out of it your marriage will be at risky. Let not peer pressure be your reason to get married, because once you lose that friendship, you marriage will be a threat to you. However, let your marriage be out of your own

convictions, views, eagerness, opinions, values and concerns. In other words, let your marriage be as a result of your own God-given personality. What am I saying? Let your marriage be out of the love of the person you want to complete you and you completing him/her. Let your marriage be out of you properly defined identification. Identify yourself and your importance in your marriage. Correctly define who you are in your marriage.

Who you are? What is the purpose of getting married today? If you are a man in a marriage, you are the head of your family and not a dictator. If you are a woman, then you are the body of the family and not the dictator. Without the body, the head is of no use, likewise without the head, the body is of no importance. As a husband you are there to complete your wife and likewise the wife is there to complete his husband. I personally don't believe in saying that there is someone superior and inferior in marriages.

Both of you, husband and wife you are superior, thus you husbands you are superior to your wives while wives you are the same to your husbands. My dear, hear me well, there is no heroism in you being more superior to someone else. True heroism is only found in you having a today that is superior to your yesterday. I believe in a 50-50 gender equity and not equality. Men are always men, and they will never be women even on a single second. On the other note, women will be women, come rain come thunderstorms.

No man can have inheritance alone without a woman, likewise no woman can bear a child alone. But when the two complete each other, a legacy is build, a generation is raised. I am certain that no 2 men/women can bear a child together due to the laws of nature and the laws of the spirit, but when a man and woman comes together, a child is born. Kindly know who you are and what you stand for, never allow anyone to degrade you. We are all equal and important in our own differences. The measure of one's maturity capacity is not only found in reasoning but also it is found in respecting personality differences.

No matter whom you are, first and foremost, invest in your personality before you think of marriage. Do you even know that no one is ugly at all. All girls are beautiful and likewise all boys are handsome but to a limited number. My dear sister you are beautiful in your own way but only to your beholder. My dear brother you are handsome in your own way to your own beholder. The reason my brother my sister you are being labelled ugly it's not because you are really ugly but it's only because you are still young and not yet fit for it.

Marriage is not for boys and girls but rather it is for men and women. Take note as well that it is not for men and girls or women and boys. Many people usually say that the beauty of a person is in the heart and not in the outward look - I tend to disagree. My brother, my sister let me warn you that what you see displayed outwardly is only but a highlight of the hidden inward. Never ever think of seeing the best of the person inside while the

outward was shaggy and with nothing in line of being the best. Do you believe this that people usually dress the way they want to be dressed. How you outwardly present yourself can psychologically tell me what is inside you. The way you dress yourself can give me a draft of your initial thoughts, intentions and motives before I even start talking with you. The way a soldier dresses tells us he or she is soldier, likewise a harlot dressing tells us that she is a harlot.

My sister you the one in marriage, the way you dress has to give the world good thoughts and intentions about who you are. Dress properly to be addressed properly by the world as a married person. Let there be a difference of you in marriage courtyards and those in streets/avenues courtyards. Respect your rings in your fingers whenever you are alone before you respect your absent partner. Your partner is in that ring you are putting on. That ring in your finger to my opinion it is an endless covenant that you made before God when you exchanged your marriage vows.

The vows you exchanged in front of your parents, pastors and the congregation were not for the church but we're for the two of you to God. You were dedicated to God. Marriage is a dedication of two people to God as one flesh. Whenever two are joined in marriage, God Himself will be there with them as an endless witness of the bond/covenant. Your prayer will be that thank you Lord for fulfilling your promise you promised to my forefathers. In other words you will be saying that thank

you Lord for making whole once again. My dear you have to note this that it was not you/your partner that set these marriage settings but rather it was God Himself. Moreover in as far as identity is concerned, never compete with your partner but complement each other so as to fulfil completion prophecies and promises. Many couples are separating because of the fact that they are competing rather than complementing each other.

One will be saying that I want to show him/her that my job is better that hers/his respectively. Some will be saying that I won't consult him/her because my partner is not learned while others will be saying that I will be given bad ideas if tell my partner my plans. No husband or wife will brought a bad luck to his or her partner if they are really married and in love. If you are married and bad lucks arise, they are not for one but for the two of you. When you got married my dear you have to understand that you have accepted your partner physically and spiritually.

On the other note, you have to understand that all those that have been following your partner are now pursuing both of you. There is no longer John and Mary, but there is now a new name thus Jory (Jo- from John and -ry from Mary). In all circumstances there will be half of Mary and half of John. In other words Mary have to take the goodies of John and John too likewise. Both have to work on their weaknesses and bad things so to be perfect in all for them to raise good and not troublesome children later on.

Going back to our real story, those who are being left out in the decision processes will then feel inferior. They will just saying that look at those superior with bitterness in their hearts. Once results of those so-called superior thoughts came up, the superior ones will start to blame those they once labelled inferior to have sabotaged them. They will say that forgetting that they were the ones, who segregated themselves from the family (i.e. inferior). As a result of such confusion, conflict may rise and rings will be at a high risk of falling apart from these two's fingers. In other words, the marriage will start to crack and at times it will be trapped into ruins.

So my best advice for you is that you have to really define yourself and your identity before you get married. Know your values and your life principles as an individual band then later on have the best marriage principles to live with. When you find your partner for life you have to lose your values and principles of life. Make sure to reach a compromise or even an agreement of what to do in that marriage. Never get married if you don't have your own convictions of marriage. Allow yourself to make your own decisions and not the family or the church.

Give Christ in you that is the hope of your glory to give you the next step of your life. Never listen to the outside world, listen to that inside world in you, since some people will come to you as if they are giving you good ideas to build up your life whilst monitoring your whereabouts so as to go and tell the world in a move to plan your ruining.

#### Prayer

Thank you Lord for such a blessed gift of life. Many people were eyeing to be counted amongst the living but they did not make it. It is not because they did wrong things but it is all by your sovereignty. And for us to be amongst the living today it is all by your Spirit and endless grace and not by our works or holiness. O Lord, God of Abraham, Isaac and Jacob, thank you for revealing my real identity to me. Thank you Jesus Christ for giving me another chance to redefine myself and reshaping my destiny. Without a good identification of oneself, no couple is set to be a success.

As you have shown me today, i believe my life and family will never be the same again. My partner and I will be a point of reference to many couples out there. On top of the mountains and down the valleys, we will always be enjoying love. Oh God of Abraham, heal my family in all areas give unity of purpose, unit of command and let have a good flow information. Help me O Lord to continue to learn each and every day so that I won't lose my partner, marriage or relationship. Assist me O Lord, by revealing to me all spotlights that might hunt my happiness. I declare and decree only death will separate me and my partner in the name of Jesus Christ of Nazareth, amen.

\*Congratulations \* Amphlope\*

\*Makorokoto\*

#### **Declarations**

I declare and i decree in the name of Jesus Christ that;

- I know now who i am and what my purpose is, thus my identity is clear now.
- My levels of understanding have shifted to greater heights as i now know myself better.
- My life will never be same again because i have defined myself through Christ.
- This newly revealed identity will stabilizes my love life and family.
- I will continue to learn, unlearn and relearn as i will discover myself more and more.
- My identity is my asset for my greater success and greatness to come.
- That my marriage will be a blessing to hundreds and thousands of people.
- Nothing shall separate the two of us and the love of God.
- I am a unique candidate and material for a good marriage.
- I am a proper and right candidate for my relationship and marriage, amen.

# **Identity Review Page**

a. Do I really know my identity now? If so, explain whom you are now.

b. What do I stand for? What is my purpose in and for this marriage life?

c. Is my identity as result of God's word and or just my own perceptions?

d. Why am I in this marriage? What is really this meaning to and for me?

e.	When God created me, what was really in his mind before and after my existence?
f.	Is my marriage as a result of God's will and still in God's will? If so, explain your answer.
g.	What can I really do to really enjoy my marriage as a result of my identity?
h.	Is my identity in and according to God's will? If so, explain your answer.

# Key #Two: Respect

#### **Objectives**

- To know and appreciate the benefits of respect and of being respected in marriage
- To have an understanding of what respect is in as far as marriages are concerned
- To appreciate different types of respect that a marriage setup demands
- To understand the respect vows and those of marriage on its own

This chapter is now dealing with one of the roots of the demon of divorce that have contributed to the destroying of so many marriages around the globe. My dear, when you came to your wedding last setting you were told all that matters in the up keeping of a healthy and sound marriage. All aspects that matters were openly exposed to you and it is to my attention that you were fully equipped to start your own family. In other words on that day you was taught all and there was a unique knowledge and or wisdom impartation into you.

One of these wisdom nuggets you received was for you to ensure respect is always rendered to your partner. For everything to last long time in this life there has to be a giving of respect. Mugabe and Baba Guti for example i personally God gave them long life due to the fact that many people have been giving them much respect needed for long life enhancement. You know what, normally whatever mankind respect it is bound to pray for it. So if you want your marriage to be a lifetime, here is a simple key to unlock this recipe, jus respect your partner and your marriage/relationship. It doesn't matter who you are, respect your vows you initially gave to God on your wedding day. Someone might then say i haven't gone to any wedding, i did the African-secret two people wedding.

Don't worry my brother, my sister, it is a wedding there are vows you gave to each other in your own (bedroom) secret place. Respect those vows and see the transitions in your marriage. Many families today they are falling part due to the lack of this giant called Respect. Respect is that essence of love that operates in circles of true and absolutely best love for the relationship betterment. Where there is respect even in quarrel you will see there will be care and love as well in display. When GOD puts you together He wasn't having a thought of you having disrespect on each other, but he was having good thoughts about you.

He thought as you respect him dully, He will do likewise to you. My dear, the first relationship you have to have in your is that one between you and GOD himself. Then the second one has to be between. You and your partner. Afterward, then comes your family members, thus your parents, brothers and sisters. The respect you God has to be more than the respect you are to give to your partner and your family. Now what I'm going is controversial i.e.

the respect that you are to give to your partner has to be more than the respect you are to give to your family. Comrades and friends, brothers and sisters hear me well that it is so because both men n women left their family and stuck together to one another. Some will say that I can't respect the one I met after being taught by my parents, i have to listen to my parents more than i respect my partner.

Thus not it my dear. It is good that they nurtured you my dear, but someone paid for you to leave your parents and cling unto him. In other words, someone caused you to leave your parents while he/she left his/her parents respectively. Both of you husband and wife, you are equal since you both paid the price for you to be together. The husband paid lobola while the wife paid through trusting her partner and left her family. She trusted that you are was not a murderer but rather you were a good and cheerful husband. Because of that trust she displayed, she needs to be respected. Note this that only a few people will do that, so your respect will pay it all. What is respect then?

Respecting to your partner is simply the application appreciation of the value of your partner in your life. In other words, thus the best way of preventing and preserving your partner identity from damage. What am i saying? Respecting in marriage refers to the guarding your marriage from marriage predators the. What are these marriage predators? Marriage predators are those people that single, searching and desperate for love.

They have respect that come as a result of their circumstances. To some extent they can snatch one's partner with or without having the knowledge of the marital life of their selves. My dear, you have to know that when people in get married they will be having different perspectives and reasons. Know it well that it is your duty to look for your partner's interests in marriage. Some get married after they have a conviction of wanting someone to complete then whether with or without children. Others on the other side, they get married. With intentions of expanding their empire and build a notable legacy thus. They want to have children. So take your time on your partner's interests.

On other note, you have to keenly note this that, without respect, criticism, sarcasm and contempt are daily songs. Critics are bad are when they are always negative to your progressive works, like wise in marriage. Criticism from your own partner is good when it constructive and in a positive way to give out the best ever possible solutions. My advice to you today is that whenever you criticise your partner you have to provide an alternative that is sounding to be the best. In other words always criticise when you have a better solution to offer, of if not them do shut your mouth up. In all criticism display respect, because once respect is phased it will be quarrelling not criticism. Respect is the one that represent the level of maturity one has. Never ever dream of maturity if you are not respect anchored. So in other words you have to nurture your respect skills for you to eye maturity.

When you see criticism entering your marriage, be alert all its proceedings and take necessary steps to quench it. If not, then know that criticism is the mother of disrespect. The level of criticism can be used as a prediction to divorce in the marriage arena. Whenever you see criticism, there is an element of divorce. Hear me well my dear, I'm not saying that criticism leads to divorce always but it can lead to the prediction of divorce of a certain marriage.

So my advice to you my brother, my sister, sit down the two of you and find a compromise that can uniquely bind the two of you to be one flesh. Dig deeper in finding the root cause of the criticism. Try to neutralize your partner's emotions and be frank enough to each other for a good progressive couple making. Strengthen your partnership and build up the proper and necessary solutions. Never ever be negative to your partner, but be positive to each other and complete each other. Remember this that making snide remarks, innuendoes and or negative jokes about you friend/partner will only make you a fool for it is a bad act.

This is so because it will crash her confidence down and as a result the marriage will be in a shaking mood. Jokes have destroyed many marriages to date, due to the fact that those jokes are like prophecies, for they materialize. God is a hearing God, He is always listening to all our daily speeches. Let all your daily speeches be filled with grace. Spend much of your time in prayer and not jokes.

At times you might think you are just joking but the reality will be that there will be a true percentage in each and every joke that is always brought on to a social table. On the other note you have to note that the way we perceive the same matter is different. My dear brother, my sister you have to guard your mouth and your tongue  $\forall$ . This is so because the tongue is a consuming fire  $\bullet$ . Through that one and small tongue of yours a nation can be put on endless fire  $\bullet$  and fight.

So you have to put yourself in caution of your own words, since your own words are the highest dangerous traps for one's fall. Guard your mouth and you are free from all trouble. Through your well guard and seasoned tongue, great nations shall proceed. Respect is not shown in being silent but it is found in answering politely to all asked questions. The Bible, in the book of the Proverbs on the 15th chapter on the 1st verse says that a mild answer turns away rage. Whenever you see your partner charging like a bull, here is a tip; never ever retaliate or answer back. Leave him or her alone and try to do something else to calm yourself and your partner.

Look for a common ground and never ever answer an angry man. Respect in this case will be that you are able to respect his/her feelings and anger, plus you are able to withstand it and move one without any grudge holding. If you truly love your partner, then there is no room for you to blame him or her for you are one flesh. Be positive always and have a "we" mentality. Instead of spending time looking for the trouble cause, identify the

solution. Try by all means to look for possible ways to avoid anger or provocative statements in your marriage setup and arena. Never ever look out for the devil's whereabouts in your marriage but rather ensure that there is no empty seat for the devil to fit-in and sit in your life. Likewise you have to ensure that there is no room for you to disrespect your partner. Respect for your partner is not only in words you speak but it is also in actions you display when he or she is around.

Actions are just but a heap of huge words that can only be dramatically expressed. Actions better describe in an entertaining and precise manner what words can. In other words you have to know that your own dressing my sister , my brother gives the world a glimpse of your respect to your partner. The way you dress tells the world the way you want to be addressed by the world. Why are you still dropping your trousers my brother since you are already married? Why are you still wearing those belt skirts my sister since you are already married?

Are you really married or you still want to enjoy avenues lifestyle. Your dressings give the world your initial intentions, thoughts, targets and motives. Dress a dressing that will render you much respect without demanding it. Dress properly to show respect for your partner before we get into the moderate apparel Apostle Paul emphasized. Liaise with your partner in a gracious speech, for that respect is like a mortar that bond forever two bricks in a stable and fixed position.

Let me too you what I discovered to be working for others in marriage s today; write down separately the way you expect to be treated by your partner. List all you desire from your partner and do it with some form of fun in it. Exchange the list and have yourself fully committed to do all your partner wants so as to avoid third parties. On the other note, list all the traits you admire on your partner lifestyle and tell him or her how you deeply appreciate all these traits he or she has displayed.

Some people they don't like words, they want you to show it in actions, so you have to show him or her that you appreciate all he or she has. Please note this that it is not about a grand gesture, but it is all about those small and genuine series of small heritable acts. Just do it for him or her. As I am rounding up this chapter, allow me to say this that it's not a matter of you viewing yourself as respectful or not, so long your partner is happy with you and feels your love, it is okay. We are different in our making from God, so maturity is when you are able to respect the vast personality differences. Respect him or her daily no matter what and you are good to go as a part of a Couple of Integrity.

#### **Prayer**

Thank you Lord for revealing a stronghold that has destroyed many houses. Disrespect, I command you to leave my house now in the name of Jesus Christ. May I be able to respect my partner in full measure only. O Lord, help me to see my partner as the first person in my life after God. O Lord, help me to listen to your voice always concerning respecting my partner. The fact that my partner entrusted me and left his/her mother and father's house and clicked into me.

O Lord, let me only respect him or her for that entrustment. It doesn't matter Of Lord whatever he or she is doing to me, help me give my partner due respect. In all my partner's misbehaviour, I submit all to you, take control of him or her my Lord, counsel my partner in a wise manner so that he or she may respect me the same way. O Lord, let this respect be an inspiration to my children and may they learn from me for their best coming future. O Lord strengthen me to bear this load for the sake of your glory and my children as well in Jesus Christ's name, I pray, amen.

\*Congratulations \* Amphlope\*

\*Makorokoto\*

#### **Declarations**

I declare and decree in the name of Jesus Christ that;

- I am going to respect my partner the way I respect myself.
- My couple lifestyle will never be a threat of disrespect.
- My marriage is destined for greatness and respect will help us to get there.
- I will never be the same again as far as respect is concerned.
- My marriage will be the happiest marriage ever filled with respectful moments.
- I will never be a victim of disrespect to my partner.
- Respect is the real pinnacle and foundation of my marriage.
  - My partner will see the great in me as I will be seeing the great in him/her respectively, amen.

# Respect Review Page

a. Do I really know respect my partner wants now? If so, explain whom you are now.

b. What can I do for my partner to be glad and feel honoured?

c. What is the purpose of my respect in and for this marriage life?

d. Is my respect as result of God's word and or just my own perceptions?

e.	Am I giving my partner what is due for her or him? What is really this meaning to and for me?
f.	When God made me get married, what was really in his mind before and after my existence?
g.	What are my laggings as far as respect is concerned? If so, explain your answer.

h. What can I really do to really enjoy my marriage as a result of my respect?

- i. Is my respecting way in and according to God's will? If so, explain your answer. j. Am I giving her or him what she or he likes as far as respect is concerned? k. Am I receiving he respect I am content with? If so, explain your answer. 1. List all habits you and your partner has labelled to be respect oriented and practise them daily.
- m. What is the lead time for my respect to yield tangible results?

## Key #Three: Forgiveness

#### **Objectives**

- To have a deep appreciation of forgiveness in marriage.
- To exactly know where you are in marriage arena and correctly position yourself.
- To understand what forgiveness is and all its attributes.
- To have knowledge of the deep roots of a good family.

Many people who are divorcing today, the most prevailing force for the act is generally the lack of forgiveness and not conflicts as others are saying. Conflicts may rise but what matters most is forgiveness after all conflict resolution efforts. My dear, no man that was born out of a woman is perfect except God. Whenever your partner makes a mistake, never label him/her with that mistake but what you have to do is to just forgive and forget your partner's mistake.

It is not any easy assignment to forgive your partner's short falls for at one point she or he vowed not to sun against you nor harm you whether physically or emotionally. This is so not because your partner wants to fix you, but it is part of the humankind nature. When we believed in Christ we vowed not to commit any sin but still we are living in those short falls and out of his forgiveness we are still his brothers and sisters.

Likewise do you know that your partner can cheat you whilst loving you to the fullest like we sinners are doing to God. My dear forgiveness is not displayed in words but rather it is showcased in a vast of actions. Forgiveness is the only uttermost way to your own specified happiness. Forgiveness is that gateway through which one can be uplifted by God to greater heights. Without forgiveness no one is to have true happiness.

True happiness my dear is rooted in true forgiveness. Whenever you forgive someone, you feel relieved and that relief is one of those attributes of true happiness. Some say that forgiveness, it is a reliever from some form of stressful situations. Others say that forgiveness is an act of releasing others from his or her own cages. Taking for example, when Brother Adam and Sister Eve had sinned against the Lord in the book of Genesis, God did not chase them out of the garden. But however, the two chase themselves out of the garden. My dear, never chase your partner whenever she or he sinned against you but forgive him or her. I feel that if it is extremely, your partner is going to chase him or herself out of your life parameters.

It is neither your duty my love to judge or discipline your partner but it is God's. Yes the Word of God imply that women were made for men but do you agree with me that no man was created for a woman. In other words you to be full of forgiveness attributes, forgiving you partner daily and God will do wholly forgive you. A real candidate of marriage is one who will always forgive his

or her partner. A real candidate of marriage is someone who is humble to him or herself and to his or her partner. When Adam and Eve had sinned against the Lord, they put on tree leaves to cover themselves. Why did they choose tree leaves? We're these tree leaves the best way to dress them or there is something behind? I believe, a big no is the answer to the adjacent question. Tree leaves were only but a way to showcase their humility and guiltiness.

As a partner, when you are found guilty, the only solution is to show your humility through asking for forgiveness. When God had created man alone, he thought that it was good and for sure it was good for that time. But however, as time elapsed and seasons moved, he saw that it was not fit and well for a man to be alone. A man was imperfect by that time in other words. What am i saying then? A thing can be good but not perfect. Your boy/girlfriend may be good but not perfect. What makes your partner perfect it's your presence in the relationship or marriage. God then later on created a woman out of the man. Why a woman is coming out of the man and not from God? A woman came out of the man to add value and perfection to the man.

My dear, whatever you desire is inside of you, all God to let you sleep and take it out. In marriage John and Marry are one since a man is not full when alone without a partner. But however, as the two cling to each other, a full and perfect being is born. My dear if God has made you one flesh, this means when one of you sins, both you

will then be regarded as sinners since together you are one. You said you was to die for him or her through your own words, forgiving your partner means forgiving your own self. Remember this that divorce is not something that will just come into one's marriage easily. There are so many attributed of divorce that have to be considered for it to materialize. One of the most trending attributes of divorce is failure to forgive in marriage.

If you cannot forgive your partner, then you are obliged to separate foe sometime with your partner. In separation you will have to reflect about your God, marriage, partner, family and children. You have to also meditate about your own future. You have to meditate upon the WORD of GOD. Concerning divorce you. You have to remember all the oaths, vows and promises you created. Have time with the LORD, learn more from him. Submit the whole of you and your marriage to him and allow him to draft the way forward for you. Have time you are to spend in GOD's will reflecting deeply about your marriage's past, present and coming future. Take your time, never rush into decision making.

Consider all your ways before deciding anything, this will help you make proper and good decisions for your coming near future. Forgiveness is the way of presenting your godliness in marriage. Whenever you forgive your partner Christ is seen in you. This is because GOD is love. Never ever dreamt to be spiritual if you still don't like to forgive your partner.

The level of a wife's spirituality is measured against the degree of her forgiving her husband, same applies to husbands. Never think god will be so close to you if you are not close to your wife/husband and children. Thus a family. God made it clear that a man and woman will leave their origin families and, cling unto each other and become one soul.

In other words there is no ending between a wife and her husband, there is a unique continuity that is they are one body. So husbands and wives, take your partners as your second halves respectively. My brethren, forgiveness is a burden lifter and at the same time a pain reliever. Whenever your partner bores, just look at him or her with a forgiving eye like what Jesus Christ did unto peter after his denial. The church thus the bride of CHRIST is the one that created his way of dying on the cross. He was then crucified for heaven to be open for the church.

He died on the cross as a choice of the church that had opted for him to be crucified. My dear your partner might be betraying you, mistreating you, denying you, just look at Christ and have an inspiration to forgive your partner all his or her mistakes. Remember that the more people spat on Jesus Christ, the more his love for them increased as well. And his eagerness to die for the world increased. Never ever lose hope my dear when you find your partner spatting on you, but rather be encouraged in the spirit. Make sure all your trials are challenges in your positive direction to pursue higher and greater heights.

Most people they got married without having an intimate communication with GOD. Before you get married, you have to have an encounter with GOD. Allow God to reveal to you, whom you are, where you are as far as temperance is concerned. This in turn will help you and your partner to have an optimized and compromised enjoyable family relationship. Start with GOD for your marriage to be a blessing to you. Have time you will seat down and liaise with God.

Have separate encounters with God. Seek GOD first and all things you desire will be granted unto you. Whatever you desire, God will surely give you. Seek God's face and not only his hands. God is full of forgiveness, mercy and hope of a greater future with an expected great end. Always remember that God is a forgiving God. He can forgive you, no matter how big your sin is, Nehemiah at one point married a harlot. Rahab was a harlot but God forgave completely. God is a forgiving God.

When you truly seek God diligently, you will find him. God is a rewarder of all those that diligently seek him. The more you search for God, the more you will become like him. If you are to spend much of your time with this forgiving God you will up being a forgiving person. You will end up being similar to God. Note that whatever you spend more of your time on is what you will definitely become. Put much of your time on love, you will end up become that love. Forgiveness is not a product but it is a process.

You have to walk cautiously in all the stages of the process. Forgiveness today is difficult to many people today because they are viewing it as a product. As a product, forgiveness will be difficult to implement. It is easier to implement a process than a product. Whenever trials arise if you have the right mind-set on forgiveness, you will forgive and forget. No matter how big the matter, just forgive your partner. Divorce is never a solution to a marital problem. Forgiveness is the only solution that will ever give you peace of mind and joy of the spirit.

Divorce is neither a solution nor an option but a problem for it will make you guilty of the vows you gave to your partner in the initial order of your marriage. You promised that nothing was to separate you except death. You claimed that God was in it and the love between you was Godly love. Forgiveness will give you rest in all your life errands. Forgiveness will have a way for you and your partner's prosperity. If you get divorced that will open doors to many enemies to attack you for they will take that as your weakness. Do you really want to be a mom or dad to ten children with ten different partners? If not then, endure in that one relationship.

Jesus said that once you divorce and remarries again you have made your previous partner an adulterer. Divorce paves way for adultery and cohabitation, hence many problems will be created. All we see manifesting in the physical have got the spiritual connotations. Whenever you forgive your partner God's is displayed in you and He

will forgive you. None born of a woman is perfect thus why Jesus died for us on the cross. You both left your families to be one, so when one falls on the way be ready to pick him or her up. Never hold grudges and see what God will do in your marriage life. A couple of Integrity is supported by forgiveness for it to be beautifully eternal.

#### Prayer

Dear Lord, God of Hosts, full of fire and mercy as well, I pray today may you forgive me and my family. I know that I have sinned against in my thoughts, intentions, words and or actions, may you graciously forgive me all my sins in the name of Jesus Christ, I pray. I Lord, may you highly cleanse me from all my errors I did willingly and unwillingly likewise those that I did knowingly and unknowingly in the name of Jesus Christ. Erase and wash away all my bad and annoying history from my partner's mind, memory and remembrance. Give him or her an understanding heart that I am now a new creature in Christ our Lord. O Lord, may you forgive me the lust I did; forgive me O Lord the adultery that I committed willingly and unwillingly, physically and spiritually. O Lord, I kill all spiritual husbands and or spiritual wives in the name of Jesus Christ of Nazareth, I pray, amen.

\*Congratulations \* Amphlope\*

\*Makorokoto\*

#### **Declarations**

I declare and decree in the name of Jesus Christ that;

- I am forgiven and I am now a new and reformed partner.
- My partner has received a new wave of understanding for us to move forward.
- My bad history will no longer determine my future outlook.
- My bad history has been shook off my shoulders and I am now free.
- My marriage life will never ever be the same against without forgiveness.
- My new life is now and will continue to be anchored in Jesus Christ as my source of life and living.
- I pleased to be in good books with God and my partner, amen.

## Forgiveness Review Page

a. Do I really know how to forgive my partner now? If so, explain whom you are now.

b. What can I do for my partner to be unconditionally forgiven by myself and feel honoured?

c. Am I able to forgive myself in this marriage life?

d. Is my forgiveness as result of God's word and or just my own perceptions?

e.	Am I forgiving my partner dully for her or him? What is really this meaning to and for me?
f.	When God made me get married, what was really in his mind before and after my existence as far as forgiveness is concerned?
8.	What are my laggings as far as forgiveness is concerned? If so, explain your answer.
h.	What can I really do to really enjoy my marriage as a result of forgiving my partner?

i.	Is my forgiving way in and according to God's will? If so, explain your answer.
j.	Am I giving her or him what she or he likes as far as forgiveness is concerned?
k.	List actions you are about to take so as to easily forgive your partner.
1.	Which sin is the one that you say if your partner commit you won't forgive him or her?
m.	Are you perfect? If so, explain your answer.

## Key #Four: Togetherness

#### **Objectives**

- To understand all the seven definitions of togetherness.
- To have a deep appreciation of each other as one flesh.
- To have a knowhow. And a recap of the true and genuine togetherness.
- To only rely, depend and wholly submit to your one and only second half.

When God created man and woman, his motive was to later on see the two living on in harmony with each other, thus living in peace. You cannot be living in harmony and still having a division. Harmony bring forth peace, hence peace gives birth to unconditional togetherness. What is togetherness then? Togetherness is a state in which two people in a relationship will be resonating to each other very well.

The Resonating will be a fruitful one in which they will be a change in the rest of the both of you. It is that stage of life when you will wanting to see you and your partner prospering together as one. Whenever God unites a male and a female, his aim is to see the two living together well as one. Togetherness has got a number of definitions and different contextual applications. These definitions are as follows;

Academically

- Economically and financially
- Mentally and physically
- Socially and spiritually.

My dear, one can be together with his partner physically but mentally not there. Some might be spiritually aligned and linked to his or her partner, hence there won't be physical togetherness. Some of you who are in marriages, you walk together with your partner only on Sunday when going to and from church. After Sunday services, thus Monday to Friday, you act like strangers. Some are prayer warriors when physically together, but when not physically together their spirituality and marriage are at high risk.

A real partner usually keeps intact the physicality of together in his or her marriage. You have to also make sure that you love your partner in all and yourself too. Some people in couples today are enemies and because of that one partner will view the other one as a devourer. This is an error under the sun where you see couples that are uprising against their very own darlings. When God strategically located her/him for you, he already knew and saw all we are seeing today they.

He did that so that you may neutralize each other and reach a steady state of love and life. Some partners care failing on mentality togetherness, why? This can come as the result of the other partner giving up in the other half. This might be so because of the level of smartness that has

gone down a bit than the expectations. Allow your partner to remember you without favour or any hustle. Let your partner think of you because of your goodness and not badness. If your partner is to have bad memories about you, it will be obvious that he or she will make sure that all bad memories are erased and will be replaced by the unloaded pleasing businesses. He or she will truly by all means to avoid you.

Never get cross when such happens, but you have to consider yourself and your ways. Never change your personality because of circumstances but rather change your surroundings and circumstances through your personality. Counsel your partner whether directly or indirectly with an intention of building and not hurting/destroying. Find a good way of approaching your partner with respect and honour, so as to change his or her habits without being offended or embarrassed. If it is spiritual togetherness that is being in a scarcity in your marriage arena, pray and fast together with your partner.

Bonded prayers and fasting are powerful for couples and many couples have gained much and enjoyed a lot from them. On the other note, if you lack them, mmm i tell you they may hinder you and your partner's perfect destiny. Be careful then about such marriage principles and you have to make sure that you will achieve all of them. Always note that whenever you start something good the devil is there trying to trap you.

You have to know that on the other side God will be there for you raising a standard for your advantage. Whenever you think of prayer, give yourself a vow, thus an oath that you will never quit unless you achieve your goal of spiritual together ness. Prayer is a necessity for survival, so never live a life without a prayer intervention. Prayer is a life that one can give to his or her marriage. Prayer is that foundation for real prosperity, so never lose hope in prayer. On the other note, please make sure you are content with your church as a family.

Never ever make a mistake of going to two different churches, thus wife's church A and husband's church B. If that happens make sure all is done in harmony and peace. It is ok to have a religion diversity in a family but the last issue will be that you have to be spiritually together. You have to be very close to each other in your differences. You have to show your partner that you are mature by being able to respect personality differences. So in other words, you have to recognise, observe and respect all the personality differences you have.

Uniquely understand that you don't have to force your partner to go to the same church with you, but you have to liaise and if liaising fails then go for a fasting plus prayer. May the good LORD richly bless you with a newly revived marriage lifestyle. Before you rule out or interrupt that which is physically happening, deeply introspect the spiritual effects. This is so because all physicals have got some spiritual footings.

All previous aspects have to be there yes, but what covers all is social togetherness. Social togetherness is a necessity in the sense that it's the pivot for effective communication. It is also the unifier of many families, since it can bridge all gaps in marriages. Be socially united to your partner and all the problems will flee away from you. Where good communication is, conflicts are threatened. Practise good communication skills and strategies for you to live a happy life in togetherness with your family.

Never ever speak negative statements about your marriage or family. Distance yourself from negativity. Let your mouth be full of love and grace of God. Whenever the two are socially together, there suspicion is place. Breaking down from the social togetherness scene automatically put one in a suspicious mode. Never ever think of breaking the intactness between you. It doesn't matter how negative he or she is just neutralize your partner. Being a partner simply means having someone reliable to share vital aspects and secrets of life. Partner usually complete each other in marriage.

On the other note it is very admirable to be academically together as partners. It is the best thing to see you on your partner's PhD graduation. Some problems are as a result of different education levels between the two partners. You are fighting with your partner as a result of reasoning capacities that are incongruent to each other. What do you really think will come out of a marriage between a PhD holder and a grade 7 besides conflicts.

Birds of the same feather have to flock together for congruence and progress sake. Let it be you duty and be responsible to educate your partner so that you may be an educated and knowledgeable couple. Some brothers and sisters are afraid of being betrayed or denied after educating their partners. Of course I can't deny that, some do and some don't. Be convinced by your partner's life and strive for your couple's profile to be increased in terms of quality. If you truly love your partner you will do it for him or her

Educate your partner and see if all those quarrels will persist. Some quarrels are as a result of ignorance. Lack of adequate knowledge leads to death. Knowledge is an abstract of applied power. Allow him or her to pursue education and see the inevitable transitions. Whenever a marriage lacks knowledge it is bound to perish. Teach your partner the way you want to see things going. Never be a photocopy. Be you my dear and never compromise. Whenever copying is a subject, competition is never out ruled.

Always look for your partner's interests and you are destined for marriage exploits. Make sure all your plans and actions you will do them with your partner. Be blessed, I hope this has been a blessing to you and your marriage. I pray for your marriage and relationship to experience the supernatural full of great exploits in the name of Jesus Christ. Receive grace to move on without any hindrances and may your love life be an inspiration

to millions around your sphere in the name of Jesus Christ, amen.

#### Prayer

Thank you Lord once again for my identity has been defined, respect has been given and forgiveness has been declared, then what is now left is now for my couple to unite. I pray to you Oh God of Abraham and Sarah, God of Zechariah and Elizabeth, God of Isaac and Rebekah, God of Joseph and Mary, may you unite us as you did into few couples I mentioned above. O Lord, may you give us a togetherness spirit full of discernment, wisdom and commitment. Help us, O Lord to follow all of your step without a fault in the name of Jesus Christ, amen.

\*Congratulations \* Amphlope\*

\*Makorokoto\*

#### **Declarations**

I declare and I decree in the name of Jesus Christ that;

- I will live together with my partner in unity forevermore.
- Nothing will separate us, so we will stand firm forever as a good family.
- Togetherness is our theme till Jesus Christ comes back again.
- No weapon formed against our love progress with my partner.
- My marriage life will be a very good success to my partner and I.
- My life will be a model for my siblings and all those willing to learn from me.
- My marriage will be prosperous now and forevermore.
- I will forever stick together with my partner.
- No outward worldly force will be able to interfere to disturb our love.
- I allow God to be my mentor, author and finisher of all my needs.
- My mind has been opened up and I'm now in a new level of understanding marriage.
- My marriage is now revived and renewed as my mind was renewed as well, amen.

## Togetherness Review Page

a. Do I really know the meaning of togetherness in marriage now? If so, explain your answer.

b. What can I do for me and my partner to be closely together and feel honoured?

c. Are we spiritually together in and for this marriage life?

d. Is my partner my best friend as result of God's word and or just my own perceptions?

e.	Am I giving my partner what is due for her or him for togetherness' progression? What is really this meaning to and for me?
f.	When God made me get married, what was really in his mind before and after my existence?
g.	What are my laggings as far as togetherness is concerned? If so, explain your answer.

- i. Is our togetherness way in and according to God's will? If so, explain your answer.
- j. Am I giving her or him what she or he likes as far as togetherness is concerned?

k. Am I receiving what I am content with? If so, explain your answer.

1. List all habits you and your partner has labelled to be togetherness oriented and practise them daily.

## **Family Prayer**

Dear God, Father of Abraham, Isaac and Jacob, I pray today that you pour upon my life the full amount of grace that was in Abraham's life. O Lord, release out the great marriage anointing into my life and my partner's life. May the Deborah anointing be upon me and help me O Lord to live a holy and prosperous life, full of your mercies and forgiveness. May I receive grace and anointing to easily forgive and forget my partner's short fallings. O Lord none on Earth is perfect, so out of that I pray may I receive the grace to live a perfect life, since with you nothing is impossible. O Lord, establish a new heart in me and my partner, give us understanding hearts and eyes, so that nothing will be greater than our initial vows we give to God on the marriage commencement date. Thank you my Lord for you always answer my prayers in the name of Jesus Christ I pray, amen.

\*Congratulations \* Amphlope \*

\*Makorokoto\*

## **Revival Prayer**

Lord I pray that our couple will be a good example and reference for many generations to come. Revive us, O Lord and give us the new energy to review our relationship. Whether it was good for now or not, O Lord, I stand in the gap for us, may we receive grace and anointing to overcome each and every wave that the enemy might send in my marriage life. Help me, O Lord to strengthen their relationship. As a servant of you my Lord Jesus Christ, I declare and I decree that I will live long with my partner to see your glory in our marriage life. I pray for an open heaven for ourselves to receive an open vision to stabilize our relationship in the name and blood of Jesus Christ that speaketh better things, amen.

# \*Congratulations \* Amphlope \*

# \*Makorokoto\*

Your couple is revived now, you will never be the same again. Believe God for your marriage or relationship miracle. May God shock you with an elevation beyond your expectations. You are a star keep shining, never settle for less. Your turnaround is certain in Jesus Christ's name I declare, amen.

# Lessons Page

## Lord's Prayer

Our Father who art in heaven Hallowed be thy name, Thy kingdom come Thy will be on earth as it is in heaven.

Give us this day our daily bread

And forgive us our debts as we forgive those who have indebted us. Lead us not into temptation, but deliver us from evil

For thine is thy Kingdom, thy power and glory forever and ever. Amen.

#### **Contact Details**

TLF CHARITY Publishers 4604 Manyame Park, St Mary's Chitungwiza, Harare

Mobile: +263774571035

www.facebook.com/tlfcharitypublishers

Facebook: Talent Blessing Mukaro Email: <a href="mailto:tmmatuhwa@gmail.com">tmmatuhwa@gmail.com</a> Instagram/Twitter: @tbmkaro

## Why this Edition?

This book came up after I personally had seen many families becoming crippled and some families falling apart, so that it can be seen as a remedy for all those sickly couples. Couple of Integrity is a gift God gave me to change many lives that will have a chance to read it. The book is there to trustily build up high quality couples that will inspire the next generations to come. So in other words this book is there to generate and mould happy marriages. The word of God says that it is not good for a man to live alone, thus why God created women. So before you get married you have to understand this, for you to have a good partner who can easily fit your needs. Read this book passionately, meditate daily and reflect wholeheartedly upon it for your own self benefits and perfection of your marriage or relationship. May God richly bless you and your family.



This is an essential tool necessary for all newly, old married couples and or even singles. It was written by a young author and vibrant Lifecoach who was born and raised in Masvingo - hut of most Zimbabwean graduates. He went to school at

Silveira High School and currently (2019) he is attending to his college studies at Harare Institute of Technology. This author is none other Talent Mukaro Matuhwa. He wrote this book with an aim to equip you all readers with all information that is essential for them to be early in love fully armed with the right and proper attributes. You have to master that you need to upgrade yourself and relationship ethos for you to professionally meet the international standards as far as the Couple of Integrity is concerned. We as TLF CHARITY Publishers, we urge you to find time to buy this book and get the inspiration that is necessary for a breakthrough into you and your partner be the best ever Couple of Integrity.

